


FEBRUARY

LUNCH MENU

There is a variety of milk available at each meal.

The salad bar is always available with lunch.

Every meal has a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Orange Chicken Or Chicken Stir Fry Brown Rice Seasoned Broccoli Egg Roll & Fortune Cookie	2 Beef Burrito Or Super Nachos Pinto Beans	3 Variety of Pizza Glazed Carrots
6 Beef or Chicken Taco Salad Refried Beans	7 Meatloaf Or Pork Roast Au Gratin Potatoes Seasoned Peas Wheat Roll	8 Chicken Rice Bowl Or Lemon Baked Chicken Brown Rice Pilaf Zucchini Squash Breadstick	9 Tamale Or Chimichanga Seasoned Pinto Beans Cucumber Tomato Salad	10 Chicken Nuggets French Fries Seasoned Broccoli Wheat Roll
13 Beef Or Chicken Taco Refried Beans Spanish Rice	14 Chicken Strips Or Steakfingers Mashed Potatoes Calif. Vegetable Blend Wheat Roll	15 Ham Wrap Or Fish Nuggets Tater Tots Seasoned Green Beans	16 Beef Fajitas Or Chicken Fajitas Pinto Beans Fresh Veggies	17 Baked Chicken Or BBQ Chicken Mashed Potatoes w/Gravy Spicy Maple Carrots Wheat Roll
20 STUDENTS TRAVEL	21 Meat Ball Sub Or Deli Sub Tater Tots Seasoned Carrots	22 Salmon Or Macaroni & Cheese Roasted Sweet Potatoes Brown Rice Pilaf Wheat Roll	23 Lasagna Or Spaghetti Seasoned Broccoli Garlic Bread	24 Beef or Chicken Taco Pinto Beans
27 Green Chile Chicken Enchiladas Beef Burrito Refried Beans Spanish Rice	28 Beef Pot Roast Or Turkey Roast Roasted Vegetables Wheat Roll	